

# WAC ATTACK

"News from Around the Pool"

April 2010

## COACH'S CORNER

I hope that everyone is having a great break. The Championship Meets are over with many great performances to report. At the Regional Champs meet, WAC finishes 2<sup>nd</sup> ahead of all the Tidewater Area Teams. There were many new Age Group and Senior State Champs qualifying swims at this meet. Amanda Bennett, Neil Huckstep, and Dietrich Lueker were among the top-10 total point scorers in a meet that had over 600 swimmers entered.

At Senior State Championships, the team finished 10<sup>th</sup> with 12 swimmers qualifying for the Eastern United States Sectionals. Several team records were broken at the meet.

At Age Group State Champs, the Team finished 4<sup>th</sup>. The team could have been 2<sup>nd</sup> had not 2 of our top scorers aged up the week before. Joelle Vereb and Carter Catherine Roehrle won individual State Championships at the meet. They teamed up with Julianna Jones & Lazuli Cristol to win 3 relays. The girls broke the State records in both the 200 & 400 Medley Relays. The 400 Medley relay is the fastest in the country this year, and the 2<sup>nd</sup> fastest ever recorded in the country. Conor

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## New Team Records

**NICHOLAS SCHOENIG** - 9 & 10 BOYS - 500 FREE

**CONOR FLANNERY** - 11 & 12 BOYS - 100 FLY - 200 FLY

**TAYLOR VITALETTI** - 11 & 12 GIRLS - 100 FREE

**INDIGO CRISTOL** - 11 & 12 GIRLS - 200 FREE - 500 FREE

**BEN COLLEY** - 15 & 16 BOYS - 100 FREE - 200 FREE - 100 BACK— 100 FLY - 200 FLY - 400 I.M.

**EMILY LAVAY** - 200 BACK

**9 & 10 GIRLS - 200 FREE RELAY, 200 MEDLEY & 400 MEDLEY RELAYS -**

JULIANNA JONES - CARTER  
CATHERINE ROEHRLE - JOELLE  
VEREB - LAZULI CRISTOL

**11 & 12 BOYS — 200 FREE RELAY - CONOR FLANNERY - ROGER ROMERO — MICHAEL HOLDER - MATT CUDZIK**

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**GIRLS 9-10 RELAY TEAM —  
RANKED #1 IN THE NATION  
IN THE 400 MEDLEY RELAY**

Teams members, left to right, are: Joelle Vereb, Julianna Jones, Lazuli Cristol, Carter Catherine Roehrle .

(Coach's corner, continued from page 1)

Flannery, Taylor Vitaletti, Nicholas Schoenig, Joelle Vereb, and Carter Catherine Roehrle qualified for the Eastern United States Championship Meet in Webster, New York.

Eastern United States Sectionals was a huge meet this year, with the meet broken up into 2 prelims and the top 24 total coming back for finals. Ben Colley, Emily Lavay, and Jason Haigh made in back to finals in several events. Jason & Ben have qualified for the Junior National Meet in California in August.

We need a few helpers to do some minor repairs on the Bubble this spring. If you are interested, let Harold know at 229-8662.

**SWIMMERS OF THE MONTH**

**JANUARY**

11 & Unders

Girls - Delaney Cudzik  
Boys - Ethan Detweiler

12 & Overs

Girls - Indigo Cristol  
Boys - Carter Kale

**FEBRUARY**

11 & Unders

Girls - Abigail Barber  
Boys - Jalen Guilory

12 & Overs

Girls - Amanda Bennett  
Boys - Neil Huckstep

**MARCH**

11 & Unders

Girls - Joelle Vereb  
Boys - Nicholas Schoenig

12 & Overs

Girls - Kathryn Whitehead  
Boys - Conor Flannery

## New Classifications



### 1st "AAAA" Time

Kindyl Boyer  
Joelle Vereb

### 1st "AAA" Time

Amanda Bennett  
Indigo Cristol  
Conor Flannery  
Rob Folsom  
Kevin Holder  
Carter Kale  
Carter Catherine  
Roehrle  
Kylie Roehrle  
Roger Romero  
Cole Sanderson  
Christian Shaner

### 1st "AA" Time

K. K. Anderson  
Lazuli Cristol  
Matt Cudzik  
Brian Dumont  
Kyle Evans  
Rob Folsom  
Neil Huckstep  
Dietrich Lueker  
Kimber Moore  
Victoria Schoenig  
Johnny Shideler  
Carter Stulen  
Andrew Theisse  
Taylor Watson

### 1st "A" Time

Abigail Barber  
Elena Evans  
Avery Gillem  
Max Groene  
Soren Heimann  
Kylie Johnson  
Connor Lachine  
Claire Lennarz  
Bobby Monk  
Julian Montes  
Joey Morrow  
Billy Sharp  
Corey Shideler  
Madeline Walters  
Abigail Wright

### 1st "BB" Time

Delaney Cudzik  
Jack Cudzik  
Avery Gillem  
Ashlyn Grogan  
Rylee Homan  
Jared Hueser  
Zachary Payne  
Billy Sharp  
Morgan Whaley

### 1st "B" Time

Nathan Lowery  
Jack Pitman

## APRIL BIRTHDAYS

Haley Downer	4/2
John Morrow	4/6
Danny Morrow	4/7
Chris Homer	4/8
Rob Folsom	4/9
Taylor Vitaletti	4/9
Taylor Watson	4/9
Kathryn Whitehead	4/10
Jared Hueser	4/11
Abigail Barber	4/13
Christian Shaner	4/15
Maggie Viniard	4/16
Kelly Bennett	4/19
Kevin Holder	4/20
Rachel Clancy	4/25

## MAY BIRTHDAYS

Trisha Patton	5/1
Delaney Burgett	5/2
Madison Kolda	5/3
Anisha Rakhra	5/4
Emily Robitaile	5/5
Matt Cudzik	5/6
Sarah Jurczyk	5/6
Jack Craddock	5/11
Jack Pitman	5/13
Ethan Detweiler	5/14
Natalie Dulaney	5/16
Megan Killilea	5/16
Nathan Lowery	5/24
Ryan Skutans	5/25
Chris Balch	5/26



## **IMPORTANT DATES:**

**April 25<sup>th</sup> - 2<sup>nd</sup>** Annual WAC Golf Tournament at National

**May 8<sup>th</sup> - WAC Awards Banquet & General Meeting**

## PRACTICE ANIMALS

	<b><u>JANUARY</u></b>		<b><u>FEBRUARY</u></b>	
<b>Senior A</b>	EMILY LAVAY	100%	MICHAEL POLO	100%
<b>Senior B</b>	TAYLOR FISHER	91%	TAYLOR FISHER AMANDA BENNETT	90% 90%
<b>Pre-Seniors C</b>	CARTER KALE	100%	CONOR FLANNERY RYAN BABCOCK	90% 90%
<b>Age Group D</b>	ELIZABETH FOLSOM	94%	ELIZABETH FOLSOM CAROLINE CHERRY	100% 100%
<b>Age Group E</b>	ABIGAIL BARBER	94%	JOELLE VEREB	100%
<b>Developmental F</b>	CASEY SCHMIDT	100%	CASEY SCHMIDT KAITLYN PEGRAM	90% 90%
<b>Developmental G</b>	NAT MCGROVERN	85%	TARA MULLEN	80%

## PRACTICE ANIMALS, continued

	<b><u>MARCH</u></b>	
<b>Senior A</b>	BRAD DUMONT	94%
	BRIAN DUMONT	94%
<b>Senior B</b>	LAUREN WOOD	97%
<b>Pre-Seniors C</b>	RYAN BABCOCK	95%
	MIRANDA CHRISTY	95%
	LINNEA PATTERSON	95%
<b>Age Group D</b>	CAROLINE CHERRY	84%
	DELANEY CUDZIK	84%
<b>Age Group E</b>	KATHRYN BURROWS	95%
	RYLEE HOMAN	95%
	JOELLE VEREB	95%
<b>Developmental F</b>	SHEA BUIRSKI	100%
	MADISON WOOD	100%
<b>Developmental G</b>	MADISON LIEBLER	100%

