

Williamsburg Aquatic Club

WAC ATTACK

"News from Around the Pool"

www.swimwac.com

September 2009

COACH'S CORNER

Welcome to another exciting season of WAC Swimming. Practice will start on Sunday September 13th. If the Rec. Center is not finished on time our plan is to keep the Kingswood pool opened. Our pre-season meet will be September 26-27th, so your swimmer will get a meet sheet at the 1st practice.

The new meet schedule has been updated with the 8 & under meets finalized. The final schedule will go out in the next 7-10 days once all the end of the year meets are finalized.

If you have any questions and/or know of someone interested in joining, please call Harold at the office at 229-8662. Harold and Chris will be at the National Swimming Coaches' Convention from Sept. 8th - 12th.

You can reach Harold at Coach-harold2@cox.net during that time.

I hope that you are as excited as we are about the new Season.
Harold

New Team Records

8 & Under Girls

Lazuli Cristol - 50, 100, & 400 Free -50 & 100 Breast - 50 & 100 Back -200 I.M.

9 & 10 Girls

400 Medley Relay - Carter Catherine Roehle - Caroline Cherry - Joelle Vereb - Julianna Jones

11 & 12 Girls

Taylor Vitaletti - 50 Free

15 & 16 Girls

Emily Lavay - 400 I.M.

15 & 16 Boys

Ben Colley - 100 Back

Senior Girls

Catie Pittman - 50 & 100 Free -100 Back - 100 Fly

Senior Boys

Ted Sukramani - 50 Free
Jason Haigh - 100 & 200 Breast

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Back to School!

New Classifications



1st "AAA" Time

Joelle Vereb
Kylie Roehrle

1st "AA" Time

Andrew Theisse
Megan Watkins
Cameron Overy
Michael Holder
Kevin Holder
Corey Shideler

1st "A" Time

Brian Dumont
Jalen Guillory
Kate Watkins

1st "BB" Time

Kathryn Burrows
Jack Cudzik
Adam Dumont

1st "BB" Time

(continued)

Astyn Fair
Jared Heuser
Julian Montes
Angela Payne
Emily Payne
Billy Sharp
Andrew Theisse
Corinna Walter
Simon Watrous
Megan Welch

SEPTEMBER BIRTHDAYS

Jacob Vereb	9/1
Cody Pucel	9/6
Elizabeth Folsom	9/8
Corey Shideler	9/11
Casey Schmidt	9/12
Mason Butler	9/14
Connor Hallett	9/16
Rylee Homas	9/16
Catherine O'Donnell	9/16
Parker Mercer	9/18
Carter Stulen	9/20
Gretchen Nurnberger	9/22
Marie Major	9/26
Nathan Smith	9/27
Amanda Bennett	9/30
Ben Colley	9/30





SWIMMERS OF THE MONTH

JUNE

11 & Unders

Boy - Michael Holder

Girls - Lazuli Cristol

12 & Overs

Boys - Brad Dumont

Girl - Kylie Roehrle

JULY

11 & Unders

Boy - Nick Schoenig

Girls - Caroline Cherry

12 & Overs

Boys - Kevin Holder

Girl - Allie Christy

we Are WAC
Champions!